GET STARTED WITH YOUR LINQ II™ ICM

Patient System Overview
THE LINQ II™ SYSTEM INCLUDES:

1. A small insertable cardiac monitor (ICM) that is placed just under the skin during a minimally invasive procedure.

2. Either a smartphone/tablet app or home communicator that collects heart rhythm data from the ICM and sends it to your doctor.
PATIENT BENEFITS:

- **Accurate**
  The world’s most accurate ICM\(^1-4\)

- **Longevity**
  Detects abnormal heart rhythms for 4.5 years\(^*\)

- **Discreet**
  Not visible in most patients

- **Portable**
  The MyCareLink Heart™ mobile app goes wherever you go (cellular and Wi-Fi service availability applies)

- **MRI Compatible**\(^**\)
  Safe for use in an MRI setting

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*With Mobile App Optimization set to “off,” the battery is projected to last 4.5 years. With Mobile App Optimization set to “on,” the battery is projected to last 2.5 years. See patient manual for additional information.

\(^*\)Nominal settings.

\(^**\)See patient manual for additional information.
HOW THE LINQ II SYSTEM WORKS WITH THE MYCARELINK HEART MOBILE APP

End-to-end encryption keeps your LINQ II data secure

LINQ II ICM

Patient’s Mobile Device

MARK SYMPTOMS AS THEY HAPPEN*

*If prescribed by physician.
Primary Monitoring Option

**Before Implant:**

1. Check if your mobile device is compatible with the MyCareLink Heart mobile app by scanning this QR code with your phone’s camera.

2. If your phone is compatible, download the MyCareLink Heart mobile app by visiting mclheart.com or the Apple® or Google Play™ app stores.

**Learn More about MyCareLink Heart Mobile App:**

Scan this QR code to access videos to help you get started and prepared for app-based monitoring with MyCareLink Heart.

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**Once your LINQ II ICM is inserted, all you need to do is:**

- Ensure your smartphone is connected to Wi-Fi or cellular service.
- Open your MyCareLink Heart mobile app in the background or foreground.
- Keep your mobile device and software current to stay connected to your clinic.
AN ALTERNATIVE MONITORING OPTION: MYCARELINK RELAY™ HOME COMMUNICATOR

End-to-end encryption keeps your LINQ II data secure

LINQ II ICM

MyCareLink Relay Home Communicator

MARK SYMPTOMS AS THEY HAPPEN*

*If prescribed by physician.
Depending on clinical need, your doctor may choose to add an optional Patient Assistant to your LINQ II ICM if you receive a MyCareLink Relay Home Communicator.

The Patient Assistant will:

- Help your doctor compare heart rhythm data to symptoms marked
- Send this information to your home communicator during your next automatic transmission

Once your LINQ II ICM is inserted, all you need to do is:

- Ensure the home communicator is plugged in and powered on within 10 feet of where you sleep.
- Ensure the home communicator is in a location with adequate cellular signal or Wi-Fi connected.
Remember, your heart information will be sent automatically. To ensure your LINQ II ICM is connecting daily to your choice of monitor, make sure to take the following steps:

For MyCareLink Heart mobile app patients:

- Turn Bluetooth® on.
- Ensure your smartphone or tablet is connected to Wi-Fi or cellular service.
- Make sure your app is open in the background or foreground.
- Keep your phone within 5 feet of your device throughout the day.

For MyCareLink Relay Home Communicator patients:

- Place the communicator within 10 feet of where you sleep.
- Plug the power adapter into the communicator and a power outlet.

Refer to the frequently asked questions in this guide for support as questions arise.
Q How can I be sure my ICM and app are connected, and my heart information has been sent to my doctor? (for app patients only)

A Remember, any new heart information will be sent automatically. Follow the app conditions for use:

- Your phone or tablet is with you periodically throughout the day
- Phone/tablet ON
- Bluetooth ON
- App is open in the background or foreground
- Phone/tablet is within 5 feet of the ICM
- Phone/tablet has internet or Wi-Fi connectivity
- App notifications turned ON

You can also open your app to view “connectivity status” at the top of the screen for connectivity confirmation. Reference your MyCareLink Heart patient guide for additional information.

Q What do I do when I travel?

A Take your monitor (mobile app or home communicator) with you. Follow monitor conditions for use previously highlighted to ensure connectivity. For the home communicator: You won’t have to worry about roaming fees, but if changing time zones, you may want to contact your clinic before leaving to see if any changes should be made to your monitoring schedule and to stay connected to your clinic.

Q How can I be sure my ICM and home communicator are connected, and my heart information has been sent to my doctor? (for home communicator patients only)

A Remember, any new heart information will be sent automatically. Follow the communicator conditions for use to make sure you are constantly connected and monitored:

- The communicator is within 10 feet of where you sleep.
- Plug power adapter into communicator and outlet.
- Communicator is on and working when light ring is solid green. Note: The light ring turns dark when the room is dark; it is still working.

Reference the MyCareLink Relay Home Communicator Quick Start Guide for additional information.
Q  Can I get an MRI?
A  Yes, you can. Provide your device identification card to your imaging technician so he or she can access more information.

Q  Can I go through airport security?
A  Yes, you should have no trouble and neither security nor scanning will affect your device. Also, it is not necessary to bring your identification paper.

Q  What are the security measures for the LINQ II ICM?
A  Developing best practices for a high level of security has been a top priority for Medtronic. Security for the new connectivity and features was designed to protect the device and your data.

Here is how we address two key security concerns:

Data Privacy
- Encryption: Data is encrypted in the ICM (it includes a hardware encryption module) using NIST government standard for security (used in security-critical applications like banking, airlines) before it is transmitted to CareLink™ via the monitor.

ICM Protection
- The ICM does not accept programming from unauthorized sources.
- The ICM is not “connected” to the internet, unlike consumer home tools like thermostats, for example.

Q  Will my ICM interact with a car’s Bluetooth functionality?
A  The LINQ II ICM uses Bluetooth Low Energy and is not compatible with Bluetooth classic (the type of Bluetooth in most cars). The car will not attempt to establish a connection with the ICM and the device won’t be able to detect Bluetooth classic transmissions.
HOW TO USE THE PATIENT ASSISTANT

If you received a stand-alone Patient Assistant, carry it with you at all times so you can use it to mark symptoms such as dizziness, fainting, or palpitations. Data is marked in your LINQ II ICM and sent to your doctor during your next automatic transmission.

To Use the Patient Assistant:

1. When you experience a symptom, press and release the button. The searching light will start to flash blue.

2. Quickly hold the Patient Assistant flat against your chest, directly over your LINQ II ICM.

3. When a symptom is successfully marked, the success tone will sound and the success light will illuminate green. If the success signals do not occur within 15 seconds, repeat steps 1-2.
PATIENT ASSISTANT FAQ

Q What if I can’t get to my Patient Assistant right away?
A If you can’t get to it within 5 minutes or so, just write down the date and time of your symptoms and share this with your doctor during your next visit.

Q I used my Patient Assistant. How can I be sure my clinic got the information?
A The information is automatically sent by your MyCareLink home communicator during your next automatic transmission, and your physician will review the information with your other transmissions.

Q How do I get the information off of the Patient Assistant?
A You don’t need to. The information is stored in the LINQ II ICM, not the Patient Assistant. It will be sent during your next automatic transmission.
Learn more about long-term heart monitoring at: Medtronic.com/LINQIIpatient

Be sure to sign up for educational emails.

Patient service specialists are available by phone from 7 a.m. to 7 p.m. CT, Monday through Friday. 1-800-929-4043
Brief Statement

Important Safety Information for Medtronic LINQ™ II Insertable Cardiac Monitor System (ICM) and Remote Monitoring

The LINQ II insertable cardiac monitor is an implantable patient-activated and automatically-activated monitoring system that records subcutaneous ECG and is indicated in the following cases:

- Patients with clinical syndromes or situations at increased risk of cardiac arrhythmias
- Patients who experience transient symptoms such as dizziness, palpitation, syncope, and chest pain, that may suggest a cardiac arrhythmia

The device has not been tested specifically for pediatric use. Possible risks associated with the implant of the LINQ II insertable cardiac monitor include, but are not limited to, infection at the surgical site, device migration, erosion of the device through the skin, and/or sensitivity to the device material. Accessories available for use with LINQ II may experience connectivity or performance issues. See product manuals for details and troubleshooting instructions.

The LINQ II insertable cardiac monitor is prescribed by your physician and is not for everyone. Please talk to your doctor to see if it is right for you. Your physician should discuss all potential benefits and risks with you. Although many patients benefit from the use of this product, results may vary. For further information, please call the Medtronic toll-free number at 1-800-551-5544 (7:00 a.m. to 7:00 p.m., Monday-Friday, Central Time) or see the Medtronic website at medtronic.com.

PA97000 Patient Assistant

Indications (or Intended Use): The Patient Assistant Model PA97000 initiates the recording of cardiac event data in the device memory of compatible Medtronic cardiac implantable electronic devices. The Patient Assistant is intended for unsupervised patient use away from a hospital or clinic.

Contraindications: There are no known contraindications for the use of this device.

Warnings and Precautions: The Patient Assistant is not intended to be used as an alarm system for situations where medical attention is needed. If there is an emergency, call the local emergency number. To prevent the risk of infection, the Patient Assistant should not be placed in direct contact with the incision site until it is completely healed. The Patient Assistant should not be taken into an MRI-controlled room (magnet room).

Potential Adverse Events or Potential Complications: There are no known adverse events associated with the use of this product. See the device manual for detailed information regarding indications, contraindications, warnings, precautions, and potential complications/adverse events. For further information, please call Medtronic at 1-800-328-2518 (Technical Services), 800-551-5544 (Patient Services), and/or consult the Medtronic website at medtronic.com.

Caution: Federal law (USA) restricts this device to sale by or on the order of a physician.
The LINQ II ICM educational emails are an easy way for you to stay informed about long-term heart monitoring with the LINQ II ICM.

**Sign up to receive emails that will help you:**
- Learn more about the purpose of long-term heart monitoring
- Set up and use your LINQ II ICM
- Understand the system components and what they do
- Receive relevant FAQ to answer most commonly asked questions

By completing and submitting this form, you are granting Medtronic permission to add the personal information you provide on this form to the Medtronic patient database, which Medtronic will use to communicate directly with you. You also agree to receive non-password-protected emails from Medtronic for the purpose of providing educational information in support of product use or to inquire about your experience regarding our products or services.

Medtronic respects the confidentiality of your personal information. We will not share your personal information except as described above. If, at any time, you wish to revoke all or part of this permission, you can follow the "unsubscribe" link in any email you receive from us or send a request in writing to:

LINQ II Educational Emails
912 Industrial Drive
Milbank, SD 57252
References


5 LINQ II LNQ22 ICM Clinician Manual. M974764A001D.

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Apple and the Apple logo are trademarks of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc.
SIGN UP by returning this mail-in form
OR fill out our online form at:
Medtronic.com/LINQIIpatient

Name

Email

Signature

Scheduled date (month, year) for LINQ II ICM insertion (optional)

How are you being monitored? Circle which one applies.

Mobile Application  Home Communicator
BUSINESS REPLY MAIL
FIRST-CLASS MAIL PERMIT NO. 7611 MINNEAPOLIS, MN
POSTAGE WILL BE PAID BY ADDRESSEE

REVEAL LINQ II EDUCATIONAL EMAILS
912 INDUSTRIAL DR
MILBANK SD  57252-9920