



## Take back control today.

Scan for more details on the InterStim™ system. And ask your healthcare provider about the test.

**Medtronic Bladder Control Therapy delivered by the InterStim™ system** treats urinary retention (inability to completely empty the bladder) and the symptoms of overactive bladder, including urinary urge incontinence (leakage) and significant symptoms of urgency-frequency. It should be used after you have tried other treatments such as medications and behavioral therapy and they have not worked, or you could not tolerate them. This therapy is not intended for patients with a urinary blockage.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 16; or for patients with neurological disease origins.

**Medtronic Bowel Control Therapy delivered by InterStim™ system** treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases.

**Medtronic Bladder Control Therapy and Medtronic Bowel Control Therapy:** You must demonstrate an appropriate response to the evaluation to be a candidate. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim™ device.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. This treatment is prescribed by your doctor. Please talk to your doctor to decide whether this therapy is right for you. Your doctor should discuss all potential benefits and risks with you. Although many patients may benefit from the use of this treatment, results may vary. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic's website at [www.medtronic.com](http://www.medtronic.com).

USA Rx Only. Rev 0517.

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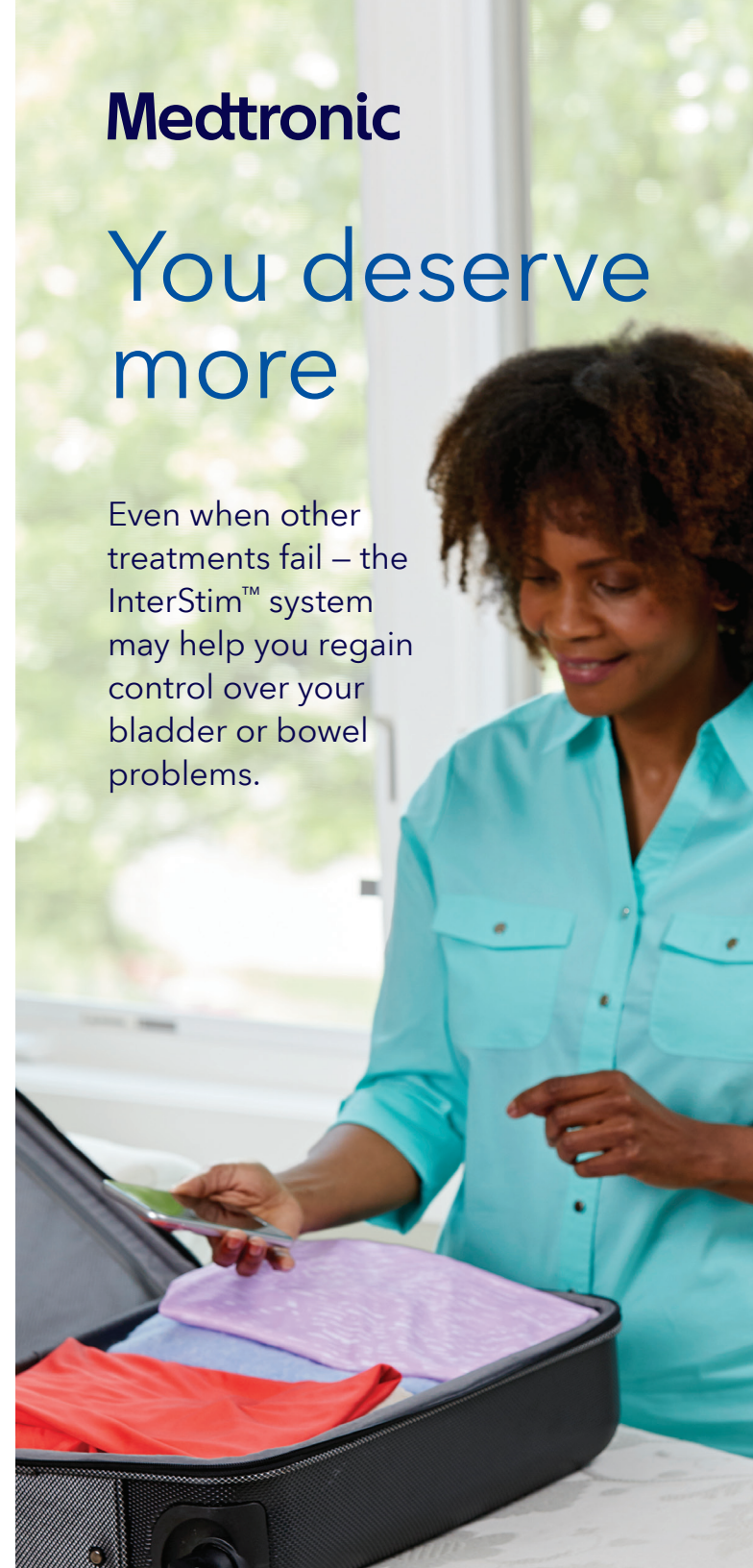
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# Medtronic

## You deserve more

Even when other treatments fail – the InterStim™ system may help you regain control over your bladder or bowel problems.



You've tried medicine.  
You've changed your  
diet. But leaks and  
urges continue to put  
your life on hold.

**You're not alone.**



**1 in 6**

adults in the U.S. are affected  
by bladder control problems.

That's nearly **43 million** adults.<sup>3,4,†</sup>



**1 in 12**

adults in the U.S. are living  
with bowel control issues.

That's nearly **21 million** adults.<sup>1-3,†</sup>

## Target the cause of your symptoms.

Research shows that incontinence may be caused by a miscommunication between your brain and your bladder or bowel.<sup>5-7</sup> When it's time to go, the nerves in your body get the message too late, too often, or not at all.

That's where the InterStim™ system comes in.

## Long-lasting control.

The InterStim™ system uses gentle stimulation to help your brain communicate with the bladder and bowel. Placed just beneath the skin, it acts like a messenger – helping your body to recognize when it's time to go. In turn, this can help reduce your bladder or bowel control issues.<sup>5,8,9,§</sup>



# Take back control.

**3X**

greater improvement in  
quality of life for patients  
with bladder control  
problems<sup>10,9†</sup>

**89%**

of patients with bowel  
control problems see  
long-term success<sup>11,12†</sup>



<sup>†</sup>Estimates based on U.S. adults that meet the criteria for fecal incontinence. <sup>‡</sup>Estimate based on U.S. adults who meet the criteria for overactive bladder.

<sup>§</sup>Defined as 50% or greater reduction in your troublesome bladder symptoms. <sup>9</sup>Minimally Important Difference (MID) = 10 points.